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DESPERATELY SEEKING REUNION? MADONNA
MOONS CROWD THAT INCLUDES EX-HUSBAND
SEAN PENN AND HE ACTS LIKE A LOVESTUCK
GROUPIE, SOURCES SAY PAGE 13



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Firefighter charged in hit-and-run

Volunteer. Questions swirl about delay in notifying public



JOE LOFARO
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A volunteer firefighter has been accused of driving drunk, hitting a female cyclist, and leaving the crash scene.

The woman, Jennifer Leonard, 44, is recovering in hospital. She is said to be in stable condition, and reportedly underwent brain surgery Friday.

The collision happened around 4 p.m. Tuesday on McGee Side Road, police say.

Trevor Clarke, 34, of Ottawa, was arrested later that day and charged with impaired driving causing bodily harm, driving over the legal alcohol limit causing bodily harm, and failing to remain at

the scene.

City of Ottawa spokesperson Jocelyne Turner said the accused is a volunteer firefighter who was off-duty at the time of the incident.

Const. David Fong said the collision unit wasn't initially involved in the incident. His unit was handed the file on Saturday morning, he said.

At 3:07 p.m. Sunday, police sent out a release describing the charges and identified the victim, five days after the incident.

"We get involved if it's a serious injury. At the time it wasn't deemed serious," said Fong. "The woman was just transported to hospital with injuries and they weren't life-threatening or anything like that. And then she got worse. That's when it came to us."

Ottawa Fire Services spokesman Marc Messier said when firefighters arrived at 4:21 p.m. Leonard was being cradled by a tractor driver

Thoughts and prayers

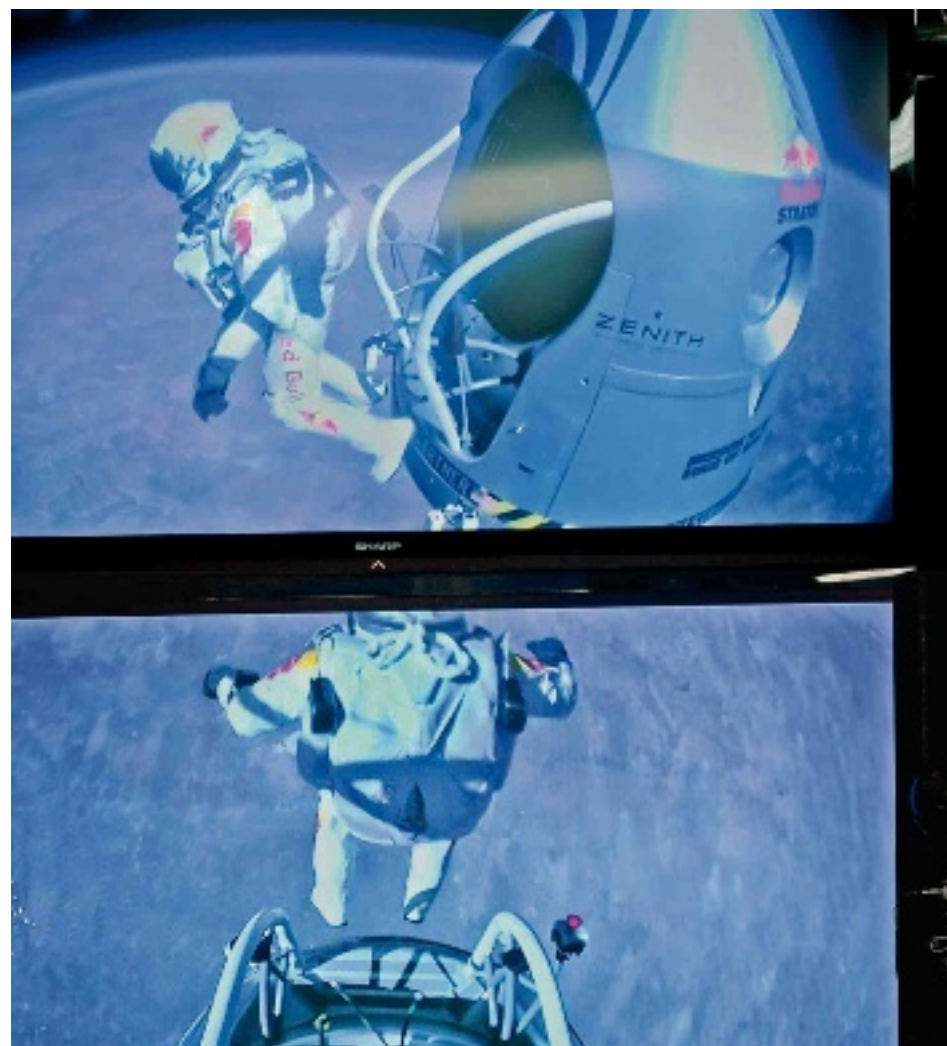
News a volunteer firefighter is accused by police in the hit-and-run incident is "a bit of a blow to us," said Ottawa Fire Services spokesman Marc Messier.

- He referred to the incident as a "personal issue" since the driver was off-duty and wasn't operating a department vehicle.
- Messier offered his thoughts and prayers on behalf of the Ottawa Fire Services.

who had spotted her in the ditch.

Messier said she was treated for head trauma until paramedics arrived. She was confused, but was conscious and talking, he said.

Police have no witnesses so far in the investigation.



DOWN TO EARTH

Austrian extreme athlete Felix Baumgartner landed gracefully on Earth Sunday after a 24-mile jump from the stratosphere in a dramatic, record-breaking feat that officials said made him the first skydiver to travel faster than the speed of sound. For more, turn to page 5. STEFAN AUFSCHNAITER/RED BULL/THE ASSOCIATED PRESS

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FABRIC SOFT	005800000366	\$4.97 J
CAT LITTER	007023011686	\$7.98 J
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Ban kids from tanning salons, mayor says

Private member's bill. Cancer survivor Jim Watson says regulations will reduce skin-cancer rates

JOE LOFARO
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The mayor is throwing his support behind a private member's bill that would ban Ontarians under 18 from using artificial tanning beds.

The city's board of health will meet on Monday to receive a report by medical officer of health Dr. Isra Levy. The report will recommend that the health-board chair write to the federal and provincial governments urging them to enact legislation that would prohibit the selling and marketing of tanning-bed services to people under the age of 18.

Mayor Jim Watson, a skin-cancer survivor, said in an email to Metro on Sunday that the Skin Cancer Prevention Act, Bill 74, should be supported.

"The evidence is clear:

The use of tanning beds is especially harmful for children," Watson said. "Regulating this would be an important step toward reducing skin cancer rates."

Watson has a history of recurring skin cancer. In August, he was treated for squamous cell carcinoma on his temple area and neck. He had surgery to remove the same type of skin cancer in 2007.

Levy's report notes tanning is "an appealing practice" among young people and there are more than 80 tanning salons in Ottawa.

The economic burden

of skin cancer in Ontario is expected to exceed \$344 million in 2011, the report says.

"Preventative measures, including raising awareness and educating residents on the dangers of solar and artificial (ultraviolet radiation), could contribute to reducing the number of skin-cancer cases and ultimately reducing the costs," the report says.

New Democrat MPP France Gelinais introduced the bill and won the support of Dalton McGuinty's Liberal government in September. A second reading is scheduled for mid-October.



Mayor Jim Watson says he supports the Skin Cancer Prevention Act. In August, he underwent surgery to remove cancer on his right temple.
JOE LOFARO/METRO



Baby, it's you: Teen wins Babes4Breasts singing competition

Samuel-Genest high school student Viviane Clémot-Dupont, 16, left, smiles as Boom FM host Michelle Cruise, centre, and Ana Miura, founder of the Babes4Breasts benefit concert, announce Clémot-Dupont as the winner of the "Be a Babe" contest. Held Sunday at the St. Laurent Centre, the competition pitted young singers against each other, American Idol-style, for a chance to perform at the Oct. 20 breast-cancer benefit concert at Saint Brigid's Centre for the Arts. CONTRIBUTED/SANDY ZIEGLER

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1 NEWS

Two men sought after war museum vandalized in August

Spray paint.
Veteran's affairs minister calls acts 'appalling'

JOE LOFARO
joe.lofaro@metronews.ca

Police are trying to track down two suspects who are accused of spray-painting a swastika and an offensive message on a Royal Canadian Air Force airplane at the Canadian War Museum.

Police said the vandalism occurred in the early morning hours of Aug. 27 at

1 Vimy Place. The suspects arrived in four separate vehicles, police said.

The first suspect is described as a man with light brown skin, six-foot tall with short, dark hair.

The second suspect is described as a white man who is approximately five-foot-ten-inches tall, also with short, dark hair.

Both men were wearing T-shirts with logos on the front and jeans.

"The men and women who served under the RCAF and in all branches of the Canadian Armed Forces made great sacrifices, and these blatant acts are incredibly disrespectful to their memory and hon-

oured legacy," said Minister of Veterans Affairs Steven Blaney in a statement.

Anyone with information about this incident is asked to contact Ottawa Police Central District Investigation, Detective Serge Bérubé at 613-236-1222, ext. 5677 or call Crime Stoppers at 613-236-8477 (TIPS).

The incident follows an Oct. 6 graffiti attack on a private home in Kanata in which racist slurs and swastikas were painted on the exterior of a house.

A \$1,000 reward was offered in that case by the homeowner for information leading to the arrest of those involved. So far no one has been caught.



A security camera at the Canadian war museum captured these two images of men police are looking for following a spray-can vandalism attack on the museum on Aug 27. CONTRIBUTED

Ottawa police

Cop dismissed from force

Ottawa police said the Ontario Superior Court of Justice divisional court dismissed an application for a judicial review of Const. Jeffrey Gulick following his dismissal from the police force.

The firing followed a violent confrontation between Gulick and other officers during a domestic disturbance call at Gulick's home, the court said. Gulick had failed a use of force test the day before the incident.

Gulick appeared before the court on Oct. 1. After

an Oct. 3 decision, the constable had the choice of resigning or his dismissal would take effect.

Police said the constable had not resigned, therefore, his dismissal took effect Oct. 12.

"We respect the decision of the Ontario Divisional Court," said Ottawa Police Chief Charles Bordeleau.

In its ruling the court said Gulick's lawyer at disciplinary proceedings argued the officer suffered from post traumatic stress disorder and was therefore disabled and shouldn't be dismissed. But the court said no evidence had been produced to support the argument.

JOE LOFARO/METRO

Reason to switch:

"It's nice to know
TD is open on
Sundays
if I need it."

Sue G.
Ottawa



Double blaze

Two fires displace five people

Ottawa firefighters were called to fight two fires that started Saturday evening.

The first was a kitchen fire at 2824 Cedarwood Dr. that displaced a couple and one infant.

Ottawa Fire Services got a 911 call at 7:05 p.m. and reported extensive fire damage to the kitchen and heavy smoke damage throughout the home.

A crated dog was rescued from the fire and sent to animal hospital by an Ottawa police officer. The

displaced persons are staying with family, Ottawa Fire Services said.

The cause of the fire is under investigation.

The second fire occurred at 1530 Weyburn Street at about 12:50 a.m. Sunday.

Firefighters extinguished an exterior fire from a wood pile that was extending to the roof and attic.

Two occupants were displaced after firefighters put the fire out at 1:28 a.m.

Damages are estimated at \$200,000 for the building and its contents. The cause has not yet been determined.

JOE LOFARO/METRO

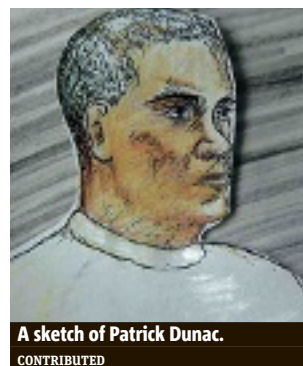
Jessica Riopelle trial. Patrick Dunac gets life sentence in drug-induced killing

Patrick Dunac was sentenced to life with a chance of parole in 10 years Friday for the killing of 23-year-old Jessica Riopelle.

"There are no words to express the torture and pain in our hearts," said Karen Riopelle, supported by Jessica's father Ron Riopelle who carried a portrait of his daughter. As she read from a statement, sobs from the many family and friends gathered filled the courtroom.

"Our lives were changed forever when Patrick murdered my daughter," she said. "I am not OK, we will never be OK. We want to ensure this monster will never have the opportunity to do this again."

Earlier last week Dunac pled guilty to second-degree murder for killing Riopelle on March 26, 2011, in a



A sketch of Patrick Dunac.
CONTRIBUTED

room at the Swiss Inn motel. The motel is attached to the Diamond strip club in south Ottawa where Riopelle worked as a dancer.

Dunac had been hired at the motel as a handyman and cleaner.

"With regret, sorrow and shame I want to say sorry again for your loss," said Dunac as he read a state-



Jessica Riopelle CONTRIBUTED

ment to the family, noting he was under potent, mind altering drugs as factor in the murder. "I hope one day in the future you will accept my humble apologies."

In an autopsy, a forensic toxicologist found high levels of speed, ecstasy, hash and cocaine in Riopelle's system. A hammer and box-cutter were found

in Dunac's room with Riopelle's blood on them and her body was discovered in the room's shower stall.

Along with a life sentence, Dunac was handed a lifetime weapons prohibition and will provide a DNA blood sample to the criminal databank.

GRAHAM LANKTREE/METRO

Accident

Pedestrian struck by car over the weekend

A 56-year-old man suffered head, shoulder, and lower leg injuries after he was struck by a car Saturday evening, paramedics said.

Paramedics responded to the intersection of Vanier Parkway and Coventry Road just after 5:30 p.m. Upon arrival, they stabilized him and sent him to hospital in serious, but stable condition.

Paramedics said police are investigating.

JOE LOFARO/METRO

Online

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Suspect sought

Cops investigate sexual assault

Police are investigating a report of a sexual assault of a 20-year-old woman that occurred on Oct. 13 near the intersection of Baseline Road and Navaho Drive.

Police said the woman was walking on a path toward apartment buildings at around 3 a.m. when a man approached her from behind and pushed her to the ground. The man inappropriately touched and assaulted and then fled west on Baseline Road when nearby residents intervened.

The suspect is described as a white, English-speaking man, approximately 35-40 years old, five-foot-ten, average build with short, dark hair and a receding hair line. He wore a black jacket and dark jeans.

JOE LOFARO/METRO



Felix Baumgartner celebrates on Sunday near Roswell, N.M., after becoming the first skydiver to break the sound barrier. The Austrian also broke the record for the highest skydive. RED BULL STRATOS, BALAZS GARDI/THE ASSOCIATED PRESS

Free falling

Faster than a speeding bullet. Austrian becomes the first skydiver to fall faster than the speed of sound

Austrian extreme athlete Felix Baumgartner landed gracefully on Earth Sunday after a 38.6-kilometre jump from the stratosphere in a dramatic, record-breaking feat that officials said made him the first skydiver to fall faster than the speed of sound.

Baumgartner came down in the eastern New Mexico desert about nine minutes after jumping from his capsule 39,045 metres above Earth. He lifted his arms in victory shortly after landing, setting off loud cheers from jubilant onlookers and friends inside the mission's control centre in Roswell, N.M.

"When I was standing there on top of the world, you become so humble; you do not think about breaking records anymore, you do not think about gaining scientific data. The only thing you want is to come back alive," he said after the jump.

Brian Utley, a jump observer from the International Federation of Sports Aviation, said preliminary figures show Baumgartner reached a maximum speed of 1,342 km/h. That amounts to Mach 1.24, which is faster than the speed of sound. No one has ever reached that speed wearing only a high-

tech suit.

Baumgartner says that travelling faster than sound is "hard to describe because you don't feel it." With no reference points, "you don't know how fast you travel," he told reporters. "Sometimes we have to get really high to see how small we are."

The altitude he leaped from also marked the highest-ever for a skydiver — more than three times the

Quoted

"Sometimes we have to get really high to see how small we are."

Felix Baumgartner

height of the average cruising altitude for a jetliner. Organizers said the descent lasted just over nine minutes, about half of it in free fall. Utley said he travelled 36,529 metres in free fall.

Three hours earlier, Baumgartner, known as "Fearless Felix," had taken off in a pressurized capsule carried by a 55-storey ultrathin helium balloon. After an at-times tense ascent, which included concerns about how well his facial shield was working, the 43-year-old former military parachutist completed a final safety checklist with mission control.

As he exited his capsule from high above Earth, he flashed a thumbs-up sign, well aware that the feat was being shown on a live-stream on the Internet with

The eagle has landed

- **Record numbers.** As Baumgartner ascended in the balloon, so did the number of viewers watching on YouTube. Nearly 7.3 million watched as he sat on the edge of the capsule moments before jumping.

- **Social-media surge.** After he landed, Red Bull posted a picture of Baumgartner on his knees on the ground to Facebook, generating nearly 216,000 likes, 10,000 comments and more than 29,000 shares in less than 40 minutes.

- **Hot trend.** On Twitter, half the worldwide trending topics had something to do with the jump, pushing past seven NFL football games.

- **Flying high.** Among the tweets was one from NASA: "Congratulations to Felix Baumgartner and Red Bull Stratos on record-breaking leap from the edge of space!"

a 20-second delay.

He activated his parachute as he neared Earth, gently gliding into the desert east of Roswell and landing without any apparent difficulty.

He then was taken by helicopter to meet fellow members of his team, whom he hugged in celebration.

THE ASSOCIATED PRESS

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Thousands rally to support Taliban victim

Pakistan. Schoolgirl shot in the neck for promoting women's education still recovering in hospital

Tens of thousands rallied in Pakistan's largest city Sunday in the biggest show of support yet for a 14-year-old girl who was shot and seriously wounded by the Taliban for promoting girls' education and criticizing the militant group.

The Oct. 9 attack on Malala Yousufzai as she was returning home from school in Pakistan's northwest horrified people inside and outside the country.

At the same time, it gave hope to some that the government would respond by intensifying its fight against the Taliban and their allies.

But protests against the shooting have been relatively small until now, usually attracting no more than a few hundred people.

That response pales in comparison to the tens of thousands of people who held violent protests in Pakistan last month against a film produced in the United States that denigrated Islam's Prophet Muhammad.

Demonstrations in support of Malala — and against rampant militant violence in the country in general — have also been fairly small compared with those focused on issues such as U.S. drone attacks and the NATO supply route to Afghanistan that runs through Pakistan.

Right-wing Islamic parties and organizations in Pakistan that regularly pull thousands of supporters into the streets to protest against the U.S. have less of an incentive to

A new light

"Malala Yousufzai is a beacon of knowledge. She is the daughter of the nation."

Altaf Hussain, chief of the Muttahida Quami Movement, told a Pakistan audience by telephone from London

speak out against the Taliban. The two share a desire to impose Islamic law in the country — even if they may disagree over the Taliban's violent tactics.

Pakistan's mainstream political parties are also often more willing to harangue the U.S. than direct their people power against Islamist militants shedding blood across the country — partly out of fear and partly because they rely on Islamist parties for electoral support.

One of the exceptions is

the political party that organized Sunday's rally in the southern port city of Karachi, the Muttahida Quami Movement. The party's chief, Altaf Hussain, criticized both Islamic and other mainstream political parties for failing to organize rallies to protest the attack on Malala.

He called the Taliban gunmen who shot the girl "beasts" and said it was an attack on "the ideology of Pakistan."

Many of the demonstrators carried the young girl's picture and banners praising her bravery and expressing solidarity.

The leaders of Pakistan's main Islamic parties have criticized the shooting, but have also tried to redirect the conversation away from Taliban violence and toward civilian casualties from U.S. drone attacks.

THE ASSOCIATED PRESS



Women protest to condemn the attack on a 14-year-old schoolgirl Malala Yousufzai, who was shot last Tuesday by the Taliban, in Islamabad, Pakistan, on Sunday. ANJUM NAVEED/THE ASSOCIATED PRESS



Maritime tragedy on trial

Francesco Schettino, left, the former captain of Costa Concordia, leaves his home in Meta Di Sorrento, near Naples, on Sunday. The first hearing of the trial for the Jan. 13 tragedy is taking place in Grosseto Monday. Thirty-two people died and some 4,200 passengers were forced to abandon ship after the luxury cruise Costa Concordia hit a rock while passing too close to the Giglio Island. Captain Francesco Schettino, who was blamed for both the accident and for leaving the ship before the passengers, is scheduled to attend the hearing.

SALVATORE LAPORTA/THE ASSOCIATED PRESS

Reason to switch:

"TD's longer hours mean I can bank when I want."

Tish C. Ottawa



Probe

Iran denies role in cyberattacks on oil companies

Iranian officials denied any role in recent cyberattacks against oil and gas companies in the Persian Gulf and said they welcomed a probe of the case, a semiofficial news agency reported Sunday.

Mahdi Akhavan Bahabadi, secretary of the National Center of Cyberspace, denounced as "politically motivated" American allegations of an Iranian link to the Shamoon virus that hit Saudi Arabian state oil company Aramco and Qatari natural gas producer RasGas, according to remarks carried by ISNA.

The virus can spread through networked computers and ultimately wipes out files by overwriting them.

THE CANADIAN PRESS

Southern Afghanistan

5 Royal Marines charged with murder

Five Royal Marines have been charged with murder over a death in Afghanistan last year, Britain's Ministry of Defence said Sunday.

The five are among nine marines arrested — seven on Thursday and two in the last 48 hours. Four have been released without charge. Officials have said the incident involved an "engagement with an insurgent" in Helmand province, where the majority of Britain's 9,500 troops in Afghanistan are deployed. They say no civilians were involved. The BBC and other outlets reported that the arrests stemmed from video footage found on the laptop of a British serviceman who had been arrested in Britain on an unrelated charge. THE ASSOCIATED PRESS

Presidential race. Obama, Romney prepare for high-stakes second debate

The next eight days could prove critical for both Barack Obama and Mitt Romney — the two bitter rivals for the White House square off for their second and third prime-time debates, both well aware that their first face-off dramatically altered a roller-coaster presidential race.

The two men took a break from campaigning on Sunday to undergo intensive debate preparation ahead of their next high-stakes clash, this time a town-hall-style event on both foreign and domestic policy being held in Hempstead, N.Y., on Tuesday.

Obama was in Williamsburg, Va., at a posh resort on the James River. Various members of his debate-prep team, including Romney stand-in Sen. John Kerry — toting a massive binder filled with colour-coded dividers — were seen milling about the resort on Sunday, hoping to ensure that a far more spirited, engaged Obama shows up this week.

Romney was at his home in Boston, hoping to build upon his recent momentum by best-

ing Obama yet again with another razor-sharp debate performance.

The battle for the White House is now a horse race in the aftermath of the two men's first debate in Denver two weeks ago. The Real Clear Politics daily polling average has Romney slightly ahead of Obama nationally, with the Republican also surpassing or nipping at the heels of the president in several crucial battleground states that will determine the outcome of the Nov. 6 vote.

Obama plans to be more aggressive when he squares off against Romney this week, the president's top adviser said Sunday.

"He is going to make some adjustments on Tuesday," David Axelrod said on Fox News Sunday.

Axelrod accused Romney of having "seriously walked away from his own proposals" during the first showdown, an event watched by almost 70 million Americans.

THE CANADIAN PRESS



President Barack Obama pauses as he boards Air Force One on Saturday in Andrews Air Force Base, Md., en route to Williamsburg, Va. CAROLYN KASTER/THE ASSOCIATED PRESS



Carlos Paez, 58, a former member of Uruguay's rugby team who survived a 1972 plane crash with, waves a small red shoe after reuniting with fellow team member Fernando Parrado in Santiago, Chile, on Saturday. Parrado gave a similar shoe to his friends at the plane-crash site in 1972 before he trekked through the Andes with a single companion for 10 days and guided rescuers back.
LUIS ANDRES HENAO/THE ASSOCIATED PRESS

Andes crash survivors play memorial rugby game

40th anniversary. Former members of Uruguayan rugby team reflect on what they learned from a horrifying experience

Surviving members of an Uruguayan rugby team have played a match postponed four decades ago when their plane crashed in the Andes, stranding them for 72 days in the cordillera and forcing them to eat human flesh to stay alive.

The Old Christians Club squared off Saturday in Santiago in a game that was tied 1-1 against the Old Grangonian Club, the former Chilean rugby team they were supposed to play back when their flight went down. Their terrifying story became the basis of a best-selling book and a Hollywood movie.

"At about this time we were falling in the Andes. Today, we're here to win a game," crash survivor Pedro Algorta, 61, said as he prepared to walk onto the playing field surrounded by the jagged mountains that trapped the group.

Survivor

"I came back to life after having died.... It's something that very few people experience."

Plane-crash survivor Fernando Parrado

During the anniversary ceremony, military jets flew over the field, where parachutists draped in Chilean and Uruguayan flags landed. In a corner, survivors wept when officials unveiled a commemorative frame with pictures of those who died in the snowy peaks.

"The conditions were more horrifying than you can ever imagine. To live at 4,000 metres without any food," said survivor Eduardo Strauch, 65. "The only reason why we're here alive today is because we had the goal of returning home.... (Our loved ones) gave us life. They made the sacrifice for others."

The Uruguayan air-force plane that carried the team crashed in a mountain pass in October 1972 while en route to Santiago from Montevideo. Of the 45 passengers aboard, 16 survived by feeding on dead family members and friends preserved in the snow.

"I think the greatest sadness I felt in my life was when I had to eat a dead body," said Roberto Canessa, 59, who was a teenage medical student at the time of the crash.

"I would ask myself: Is it worth doing this? And it was, because it was in order to live and preserve life, which is exactly what I would have liked for myself if it had been my body that lay on the floor," he said.

Desperate after more than two months in the frigid peaks, Canessa and Fernando Parrado left the crash site to seek help. It was the group's last attempt at survival. **THE ASSOCIATED PRESS**

Poor choice of words

Bad joke prompts evacuation of main Anchorage airport terminal

The manager at Alaska's main airport says he expects charges to be filed after a bad joke led to the evacuation of a terminal.

Ted Stevens Anchorage International Airport manager John Parrott says the incident happened a little after 12 a.m. local time

Sunday, and the terminal was cleared as authorities searched through baggage. Investigators questioned a man who made reference to a bomb, as well as his two travelling companions.

They figured out that he was joking and, needless to say, they didn't find it funny.

Parrott says he expects state charges and possibly federal charges to be filed against the man, but referred further questions to prosecutors. The terminal was re-opened at about 3 a.m. local time. **THE ASSOCIATED PRESS**

Adorable snack

Chinese scientist says fossils show prehistoric man ate pandas

A Chinese scientist says that humans used to eat pandas.

In a newspaper interview, Wei Guangbiao says prehistoric man ate the bears in what is now part of the city of Chongqing in southwest China. Wei, the head of the Institute of Three Gorges Paleoanthropology

at a Chongqing museum, says many excavated panda fossils "showed that pandas were once slashed to death by man."

The Chongqing Morning Post quoted him on Friday as saying: "In primitive times, people wouldn't kill animals that were useless to them" and therefore the pandas must have been used as food.

But he says pandas were much smaller then.

Wei says wild pandas lived in Chongqing's high mountains 10,000 to one million years ago. **THE ASSOCIATED PRESS**



**THEY BOTH GAMBLLED LAST NIGHT.
ONE LOST. ONE WON.
WHO'S WHO?**

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Pussy Riot members face tough conditions in Siberia penal colony

Life inside. Women live with 30-40 others in a room, exercise outdoors in temperatures as low as -30 degrees

It's a far cry from Stalin's gulag, but the guiding principle of the Russian penal colony — the destination of two members of punk band Pussy Riot — remains the same: Isolate inmates and wear them down through "corrective labour."

Maria Alekhina and Nadezhda Tolokonnikova will have to quickly learn the inner laws of prison life, survive the dire food and medical care, and risk bullying from inmates either offended by their "punk prayer" against President Vladimir Putin or under orders to pressure them.

In colonies for women, inmates live in barracks with 30 to 40 to a room. They begin the day by shuffling outside for compulsory exercises at day-break, in temperatures as low as -30 C in winter. After roll call and a breakfast of gruel, they spend seven to eight hours a day at work, usually hunched over sewing machines working on uniforms and other clothing.

Since there is only one women's penal colony near Moscow, female prisoners from the capital are commonly sent to Mordovia, a swampy, mosquito-infested province on the Volga River.

Defence lawyers said Alekhina and Tolokonnikova would be transported to a penal colony within two weeks. The location was not yet known.

Despite the harsh conditions, many prisoners nonetheless prefer the colonies to the pre-trial detention centres, where they are kept in cramped, sometimes spectacularly unhygienic cells and only allowed out for an hour a day. The three Pussy Riot members were held in such a centre since their February arrest.

Russian inmates are kept in a system that Russia's own justice minister has described as "monstrously archaic" and whose purpose has changed little for hundreds of years. Czarist Russia sent prisoners to remote Siberian colonies where labour was in short supply; the system was inherited and expanded by the Soviet Union, which worked millions of prisoners to death in the gulag. Russia incarcerates more people than any country in the world bar the U.S. and China.

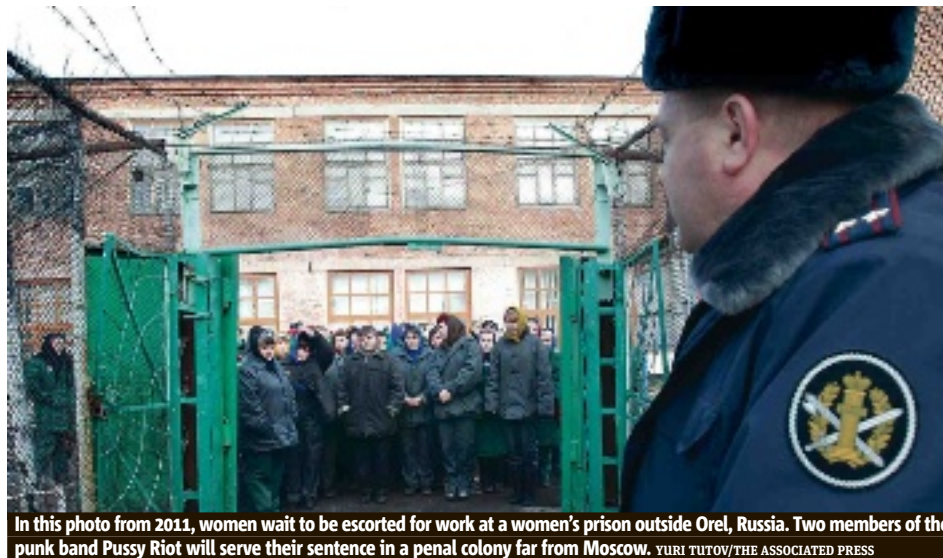
Prisoners are typically paid the equivalent of about \$10 a day, which they can use to buy food, cigarettes, and toiletries.

Alekhina and Tolokonnikova, university graduates, are unlikely to have much in common with their fellow inmates. Svetlana Bakhmina, a lawyer who spent three years in a penal colony recalls "I didn't think there even were people like 90 per cent of the people I met."

THE ASSOCIATED PRESS

How they got there

- Maria Alekhina, 24, Nadezhda Tolokonnikova, 22, and Yekaterina Samutsevich, 30, were convicted of hooliganism motivated by religious hatred after a performance in Moscow's main cathedral designed to protest against Putin's election.
- An appeals court released Samutsevich.
- The women insisted their protest was political but many said they were deeply offended by the band dancing on the altar.



In this photo from 2011, women wait to be escorted for work at a women's prison outside Orel, Russia. Two members of the punk band Pussy Riot will serve their sentence in a penal colony far from Moscow. YURI TUTOV/THE ASSOCIATED PRESS

Reason to switch:

"It's easy to find a location close to wherever you are."

Carol R. Ottawa

Metropolitan
Panel



Penal colonies

Other high-profile cases

There have been other high-profile penal-colony inmates in Putin's Russia.

Mikhail Khodorkovsky, the imprisoned head of the Yukos oil company, served part of his 14-year sentence in an Eastern Siberian colony. Once Russia's richest man, he served his time making mittens. Arrested in 2003, Khodorkovsky was convicted in two cases seen as punishment for challenging Putin's power.

Svetlana Bakhmina, a

lawyer who spent three years in a penal colony, said you have little free time to yourself in the prison colony, where guards often compel prisoners to attend classes or participate in cultural activities. In a U.S. diplomatic cable released by WikiLeaks in 2010, former Ambassador William Burns recalled visiting a women's prison where inmates put on a "bizarre fashion and talent show" for American officials.

"Boredom doesn't exist in the colony. It's too good a concept for it. You just regret the time you spend," Bakhmina said. THE ASSOCIATED PRESS

Russia. Opposition cries foul over alleged fraud in local elections

President Vladimir Putin's loyalists appeared likely Sunday to retain their hold in thousands of local elections that offered slightly more room for competition, but were marred by opposition claims of widespread vote fraud.

The Kremlin eased stiff election laws in response to major protests against Putin last winter, but introduced new restrictions after the demonstrations abated. Kremlin-approved governors and most of the incumbent mayors appeared poised to preserve their seats and the Kremlin's main United Russia party will likely keep dominating local legislatures and municipal councils.

In one of the most visible races Sunday, opposition activist Yevgeniya Chirikova was challenging the government-



Opposition activist Yevgeniya Chirikovay. THE ASSOCIATED PRESS

backed acting mayor of Khimki, a town just outside Moscow.

Chirikova, a 35-year-old mother of two who helped organize Moscow's protests, filed two petitions — alleging her rival broke campaign rules and that election officials manipulated voter lists. Authorities rejected her complaints. THE ASSOCIATED PRESS

9-11. Judge may censor Guantanamo detainees in war-crimes tribunal

A U.S. military judge is considering broad security rules for the war-crimes tribunal of five Guantanamo prisoners charged in the Sept. 11 attacks, including measures to prevent the accused from publicly revealing what happened to them in the CIA's secret network of overseas prisons.

Prosecutors have asked the judge at a pretrial hearing starting Monday to approve what is known as a protective order that is intended to prevent the release of classified information during the eventual trial of Khalid Sheikh Mohammed, who has portrayed himself as the mastermind of the 9-11 attacks, and four co-defendants.

Lawyers say the rules, as proposed, will hobble their defence. The American Civil Liberties Union, which has

Reaction

"It's a truly extraordinary and chilling proposal that the government is asking the court to accept."

Hina Shamsi, an ACLU attorney

filed a challenge to the order, says the restrictions will prevent the public from learning what happened to the defendants during years of CIA confinement and interrogation.

The protective order requires the court to use a 40-second delay during court proceedings so that spectators, who watch behind sound-proof glass, can be prevented from hearing the classified details of the CIA's rendition and detention program. THE ASSOCIATED PRESS

Syria. Activists say jihadi group helped seize missile-defence base

A shadowy jihadi group believed to be linked to al-Qaida fought alongside rebels who seized a government missile defence base in Syria on Friday, activists said, heightening fears that extremists are taking advantage of the chaos to acquire advanced weapons.

Videos posted online Friday said to have been shot inside the base said the extremist group, Jabhat al-Nusra, participated in the overnight battle for the air-defence base near the village of al-Taaneh, east of Aleppo. The videos show dozens of fighters inside the base near a radar tower, along with rows of large missiles, some on the backs of trucks.

A report by a correspondent with the Arabic satellite network Al-Jazeera who visited the base Friday said Jabhat al-Nusra had seized the base. The

Jabhat al-Nusra

Little is known about Jabhat al-Nusra, or the Support Front, which began claiming attacks in Syria earlier this year in postings on jihadi forums often used by al-Qaida. While neither group has officially acknowledged the other, analysts say their tactics, rhetoric and use of al-Qaida forums point to an affiliation.

report showed a number of missiles and charred buildings, as fighters covered their faces with black cloths. Two Aleppo-based activists and Rami Abdul-Rahman, head of the Syrian Observatory for Human Rights, also said Jabhat al-Nusra fought in the battle. THE ASSOCIATED PRESS

Bullying victim shocked by girl's death

Mental health. Teen who also posted video about being bullied wishes he could have helped Amanda Todd

Their pleas for help were strikingly similar, but ended with tragically different results.

Amanda Todd, 15, of Port Coquitlam, B.C., and Jonah

Mowry, now 15, of Lake Forest, Calif., may have never met, but both lived lives of torment at the hands of bullies. Both recounted their suffering through hand-written notes, flashed before video cameras and published online.

They wrote about their loneliness, lack of friends and thoughts of suicide, yet only one remains alive.

The BC Coroners Service has said preliminary indica-

tions suggest Todd took her own life last Wednesday.

"I was kind of speechless," said Mowry, when he learned of Todd's death. "I kept thinking I wish I could have known her, I wish I could have talked to her, I wish I could have done something."

In the wake of Todd's death, victims of bullying across North America, like Mowry, along with parents and friends, are reliving their

own experiences and offering advice on how to survive the torment and end the harassment.

The reactions come while RCMP investigators conduct interviews and review the factors that led to the death of the B.C. teen.

Todd had posted her nine-minute video on YouTube, in which she described how she suffered anxiety, major depression and turned to drugs

Quote

"I think that putting your kid in therapy can be good for so many reasons."

Jonah Mowry, 15, California teen on how parents can help their children deal with bullying

and alcohol and even tried to kill herself twice.

THE CANADIAN PRESS



Amanda Todd is shown in this handout photo from a Facebook memorial site. THE CANADIAN PRESS

La Francophonie. Harper wants next summit held in a democratic country

Prime Minister Stephen Harper says he's glad he attended the summit of French-speaking nations but hopes the next one is held in a country that promotes democratic values.

Harper said Sunday that he had definite reservations about taking part in the weekend's international gathering of la Francophonie in the Democratic Republic of the Congo.

The African country has been widely criticized for abusing human rights and allowing widespread sexual violence against women.

President Joseph Kabila was returned to power last year amid allegations of electoral fraud, something Harper described as "completely unacceptable."

But Harper said his visit allowed him to meet people who are changing things in the country — and that made the trip worthwhile.

"What struck me most was not what they said in particular, but the courage these people have demonstrated in promoting their cause, and expressing their opposition in a place where this is obviously not easy to do," Harper said in the capital of Kinshasa as the summit wrapped up.

Harper, though, expressed hope that future summits would be hosted in countries with a better track record on human rights.

"I hope that in the future, la Francophonie and other major organizations will decide to hold a summit only in countries with democratic

Meeting

Prime Minister Stephen Harper and Quebec Premier Pauline Marois met while in the Congo on Saturday.

- **Cordial for now.** Harper said the meeting was "cordial" and focused on the economy. The priority remains the economy, he said. When the two levels of government are on the same wavelength on issues, Harper said he will be ready to work with Marois' Parti Quebecois. If our governments have different positions, we intend to respect jurisdiction," he said.

- **Trouble brewing?** Marois described the meeting as "almost warm," but suggested future encounters could be more acrimonious.

standards," he said.

Harper has already threatened to skip the upcoming Commonwealth conference in Sri Lanka unless the country improves its human-rights record.

The decision to hold the 14th summit of la Francophonie in the Democratic Republic of the Congo was made before the country's controversial election last December, in which Kabila was declared the winner.

THE CANADIAN PRESS

Guns

Firearm-related crimes cost billions

Crimes involving guns cost Canadians more than \$3 billion a year, suggests an internal Justice Department study that may stoke the gun-control debate. THE CANADIAN PRESS

Car rage

Man bashes own car in parking lot

A man who bashed his elderly hearse with a sledgehammer in a Canadian Tire parking lot in Halifax Sunday was giving it a "proper sendoff," say police. THE CANADIAN PRESS

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Beef plant reverses layoffs to break inspection impasse

E. coli contamination. After weekend of finger pointing, outlook for operations to resume at Alberta firm is improved

The meat-processing company at the centre of an E. coli outbreak is recalling 800 workers it laid off only a day earlier, resolving a deadlock that kept federal inspectors from completing their review of the operation.

The Canadian Food Inspection Agency's (CFIA) evaluation of XL Foods ground to a halt this weekend when the firm announced it was temporarily laying off 2,000 workers. Federal inspectors said they had nothing to inspect without the workers handling the beef.

The Brooks, Alta.-based company blamed the layoff decision on the fact the federal government hadn't given it a firm date for when it would get its licence back in order to fully resume operations.

But late Sunday afternoon, XL Foods put out a news re-



Cattle look out from a feedlot in Brooks, Alta., Wednesday. Lee Nilsson, a co-CEO of XL foods, which runs a Brooks-based meat-processing plant at the centre of an extensive recall, acknowledged the plant's stoppage has "caused a great amount of turmoil in the beef community." JEFF MCINTOSH/THE CANADIAN PRESS

lease saying it was recalling 800 workers to help the CFIA finish its job.

The inspectors are currently halfway through a review of how XL employees process 5,100 beef carcasses. If they're satisfied with what they see, XL could get its licence back.

"We look forward to actively working with CFIA to bring this to a viable and timely

resolution to allow the plant to recommence operations," Brian Nilsson, co-CEO of XL Foods, said in a release.

That was a different tone than one the company struck just a day earlier, when they urged the CFIA to come to a "swift and viable resolution," apparently without the help of the workers.

Lee Nilsson, fellow co-CEO,

Quoted

"We look forward to actively working with CFIA ... to allow the plant to recommence operations."

Brian Nilsson, co-CEO, XL Foods

had also made a pointed reference to the federal agency in an interview Friday with the Alberta Farmer Express.

"I know it's caused a great amount of turmoil in the beef community. I'd just like to say hang on because all things will pass, but at this point there seems to be an uncertainty as to which direction CFIA is going with regard to E. coli at my plant, or any other plant in the country," Nilsson said.

The decision to lay off the workers and effectively shutter the plant caused an immediate backlash. The CFIA said it was completely up to XL Foods as to when the plant would be reopened, and Agriculture Minister Gerry Ritz had given no hint of softening on the inspection regime.

THE CANADIAN PRESS

Aerospace industry. India presents 'real opportunity' for Canada: Trade council

Canada's aerospace sector can create jobs at home by taking advantage of India's modernization and recent moves to liberalize its foreign ownership restrictions, says the head of the Canada-India Business Council.

The world's most populated democracy has been growing in the shadows of fellow Asian giant China and other regional powers. But with India investing billions of dollars a year in infrastructure, the country is expected to become a top-five aerospace country by 2020.

"I think there is a real opportunity for us," council president Rana Sarkar said in an interview from Toronto.

"They're not going to go with one supplier, they're going to go with a syndicate of suppliers and for us to be in that mix is an important thing."

By the numbers

\$1T

The aerospace opportunity in India could total \$1 trillion, and even though Canada's share will be small it's still significant compared to where Canada's sector has been historically, says Rana Sarkar, head of the Canada-India Business Council.



Rana Sarkar, president of the Canada-India Business Council, says India's aviation industry is undergoing "arithmetic growth." CONTRIBUTED

Canada's aerospace and space sectors generate annual revenues of over \$22 billion and employ about 80,000 Canadians in more than 400 firms across the country. Companies such as Bombardier and CAE Inc., along with engineering and construction firms are already pushing to take advantage of the growing demand for new aircraft, pilot training and airport construction.

But more potential remains untapped. "In virtually every sector in the aviation business, this is sort of like the 1950s in North America. You're starting to see just an arithmetic growth," he said.

THE CANADIAN PRESS

Radio-Canada focuses too heavily on Quebec news, researcher finds

A long-standing complaint concerning Quebec navel-gazing by the CBC's French-language news service has been revived as the national broadcast regulator considers Radio-Canada's licence renewal.

Sen. Pierre de Bane, a former Liberal cabinet minister under prime minister Pierre Trudeau, commissioned an exhaustive research study that suggests Quebec television viewers may be getting an "unrepresentative

image of the Canadian reality."

A scientifically vigorous sample of 2010 newscasts on Le Telejournal, taken by a Carleton University researcher, found 42 per cent of the coverage focused on Quebec, a third

dealt with international news and just 20 per cent covered Canadian "national" news.

Regional stories focusing on the other 11 provinces and territories composed less than six per cent of Le Telejournal's coverage over a month-long period. By contrast, CBC's The National focused 37 per cent of its newscast on Canadian national news, 36 per cent on international events and 27 per cent on the provinces and territories. THE CANADIAN PRESS

Canada-EU free trade

Drug-patent proposal could cost close to \$2B yearly: Federal study

Confidential federal research on free-trade talks with Europe shows that giving the European Union just one part of what it wants on drug patents would cost Canadians up to \$2 billion a year.

The Department of Foreign Affairs and International Trade has always insisted it's a "myth" that the Canada-EU free trade

deal would increase health costs.

But in September, officials at Industry Canada and Health Canada combined forces to examine the cost of the European demand to implement a patent-term restoration system, The Canadian Press has learned.

They found that based on past history of approval patterns, the EU proposal would add an average life of 2.66 years to a typical drug patent, and increase Canadian drug costs by between \$795 million and \$1.95 billion annually.

THE CANADIAN PRESS

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URBAN COMPASS
Steve Collins
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Using “partner” (or “impact” or “dialogue,” for that matter) as a verb seems a hell of a thing to do to a perfectly good language.

The usage, though, dates back to Shakespeare, even if it hasn’t grown any less barbaric over the ensuing centuries, and our city government is fond not only of the word, but the deed.

Like other Canadian municipalities, we regularly encounter a gap between our civic ambitions and our ability to pay for them, turning to other levels of government and, increasingly, to corporations to bridge it.

City council partnered with uncommon urgency last week, voting to seal the deal on redeveloping Lansdowne Park with the Ottawa Sports and Entertainment Group and permitting the Ontario Lottery and Gaming Corp. to get the roulette ball rolling on a new casino here.

OSEG certainly got the friendlier reception of the two, complete with football-themed photo-ops with councillors and full credit as architects of the Lansdowne scheme.

“It wasn’t the politicians that brought this vision to the table,” Mayor Watson enthused. “It was our friends in the private sector that had an idea, brought it to council ... and now they’re bringing this project home.”

The applause and the vote were not unanimous. Coun. Diane Holmes still thinks the city should have told OSEG to

What a gamble

This city would get a cut of the action after the province and its private partner split 90 per cent of the loot, but would also absorb externalities like traffic, noise and the social costs gambling invariably brings.

go partner itself and fix up Lansdowne on its own.

“We would have received the taxes,” she reminded council. “It would have been very little different in what we have here except that we would still own one of the most important pieces of land in the city on a national historic site, a wonderful piece of land that we are giving away to the private sector.”

Holmes was in the minority, voting against the project along with Coun. David Chernushenko, whose constituents will actually have to live with its results in their neighbourhood, and Coun. Diane Deans, who argued taxpayers will cough up significantly more money and wait longer to see any returns on the investment than our partners in OSEG.

Still, OSEG got hugs and flowers compared to the OLG and its pitch for a casino of unspecified size, in a location to be announced, with a private-sector partner yet to be chosen. Their assurances that they won’t impose a facility on a city that doesn’t want it were greeted with acid skepticism.

“I do not welcome you as a friendly partner in this endeavour,” Coun. Mark Taylor said. “I consider you to be an adversarial business interest that we’re going to have to be very, very cautious with as we move forward in this process.”

His colleagues joined in, characterizing the OLG variously as “a smiling dealer” (Coun. Chiarelli), offering “a pig in a poke” (Coun. Deans) and, perhaps most damning, possessed of “a reluctance to partner with municipalities” (Coun. Thompson).

Then they voted 19-5 to go ahead.

A creature of our indebted provincial government, OLG came to council for one reason: They’re rejigging their operations in hopes of extracting an extra \$1.3 billion annually from the province’s gamblers.

The city would get a cut of the action after the province and its private partner split 90 per cent of the loot, but would also absorb externalities like traffic, noise and the social costs gambling invariably brings.

Kingston’s city council, which voted to green-light an OLG casino in a 7-5 squeaker, also added the caveat that it not be located in the city’s downtown core. No such conditions were attached here, although several councillors spoke against any downtown facility. The public, by and large, seems to be the silent partner in all this, consulted desultorily if at all. The majority of those who presented to the city’s finance and economic development committee opposed the casino. Coun. Chernushenko estimated that of constituents he’d heard from on the matter, opinion was about 100 to 1 against.

You could hardly blame them for suspecting they’re getting royally partnered.

Polar bear? No, it’s polar beer!



ROBERT NEMETI/SOLENT

Quirky beer making

Un-freezable bevy for polar explorers

A special beer has been crafted to survive the coldest place on Earth — the South Pole.

The British ale Pole-Axed is designed to retain its flavour after being frozen in temperatures of -89 C.

Previously, ales brought to Antarctica could not cope with the low temperatures — the beer would freeze and lose its taste.

METRO

Explorer’s viewpoint

“We’ve never asked a brewer to do this kind of thing before but we thought it would be a nice idea.... I’ve had a taste of it already and it’s a brilliant beer. It will be a great treat for Christmas Day.”

Explorer Rob Brown, pictured, from the National Oceanography Centre in Southampton, England

Brown is one of the team members who will be enjoying the beer in Antarctica

Beer status

Beer’s journey for Christmas arrival

The secret-recipe ale, which is due to make its 16,000-kilometre journey to the South Pole this week, is currently being put into plastic bottles, which will then have the air squeezed out of them.

The process allows the liquid to expand when frozen and prevents the gas from escaping.

After it arrives, it will be kept safe until Christmas Day when the explorers will merrily drink it.

METRO

Yuletide lager

20

pints (11.3 litres) of beer will be sent to the polar explorers to enjoy on Christmas Day.

The team from the British Antarctic Survey and the National Oceanography Centre will be conducting research at the subglacial Lake Ellsworth for three months.



Register at metropolitanpanel.ca and take the quick poll

What would you change about the iPhone 5?

40%
MAKE IT
VIRTUALLY
UNBREAKABLE
WITH OR
WITHOUT A CASE

20%
MAKE IT AS THIN
AS A POST-IT NOTE

40%
GIVE IT A
BLACKBERRY-
ESQUE
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Twitter

@iikamkelsey:

@lyshrebner yeah it really is #rainraingoaway

@canadiancynic:

It’s depressing to realize that Red Bull Energy Drink has a more advanced aerospace program than Canada.

@KatelynCarapiet:

Positivity and respect can go such a long way..

@the_webhamster:

The 6 Stages of Debugging: That can’t happen. That shouldn’t happen. Hmmm, weird. Why does that happen? Oh, I see. How did that ever work?

@ekilgoz:

Ok that jump was incredible but I feel bought and at the same time I want a red bull.

Canada's game show heritage is as rich as a vat of maple syrup, dripping with decades worth of eager-beaver contestants and smooth talking hosts who left an indelible mark on the quizzical landscape. With Comedy Network tapping Oshawa stand-up comic Darrin Rose to emcee a reboot of Match Game, we salute this country's outsized contribution to the high-stakes genre.

MIKE DOJC
scene@metronews.ca

Classic show revisited

Fill in the blanks with DiGiovanni

Debra DiGiovanni is among the regular panelists who will be appearing on the new version of Match Game, which starts airing today on The Comedy Network. We decided to ask her a few questions from the 1973 season of the classic game show that asked celebrities and contestants to fill in the missing word.

1. One spy said to the other, "Beware of Lola, one of her CAMERAS is really a camera."

Debra says: This is an example of some of the answers we received from nervous contestants. Cute.

2. The sexiest thing a woman can wear is A SMILE (WHILE NAKED)

Debra says: I'm totally guessing at this one. I clearly have no idea.

3. John and George traded WIVES for a week

Debra says: I'd choose that answer because I know that for most men, that's their biggest fantasy, especially if their wives were sisters. I know, men are weird!

Hometown Showdown: Where do these hosts hail from?

Monty Hall Let's Make A Deal

Clue: A Winnie the Pooh costume could sweeten an audience member's chances of getting picked to trade for a prize.



ALL HOSTS GETTY IMAGES

Howie Mandel Deal or No Deal

Clue: With the big five all based here, there are plenty of bankers available to sway a contestant to part with their briefcase.

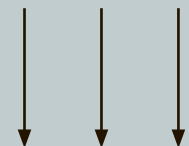


Alex Trebek Jeopardy

Clue: This 'Nickel City' east of Sault Ste. Marie and west of North Bay is the stomping ground for a hockey team that howls.



Flip over for answers



- 3. Sudbury
- 2. Toronto
- 1. Winnipeg

Name that Homegrown Show

J__t Like M__

The signature segment on this family affair from the 1980s was the 60-second bake-off where young contestants would blitz through a recipe. Their grown-up partners would then taste test the rushed dishes and determine which one their kid made.

T__t P__tern

Mini-games like human piñata, bowl and win, dance break, and hide the salami lent this wacky hit a fraternity party feel. The game-ending lightning round had contestants put on helmets with light bulbs on top and whack a button on their forehead to buzz in.



Remember this one? Or are you stumped? Get it? SCREENSHOT

_m__r Stu__ers

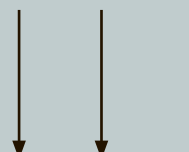
This Global TV puzzler hosted by Al Dubois turned the highway boredom busting pastime of attempting to decode the meaning of vanity licence plates into word nerd heaven. If the show was still airing today, a clue would be

"MRONV" belongs to The Voice judge Adam Levine. Answer: Maroon 5.

_u B__t ou_ A__

This trivia show was never short on potty humour. Take this actual question from the category 'Smelly Things':

Flip over for answers



- 4. You Bet Your Ass
- 3. Bumper Stumpers
- 2. Test Pattern
- 1. Just Like Mom

"What colourful mixture of dried flowers, herbs and spices is often found in a woman's bathroom to unsuccessfully mask the odour of her number twos?"

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Miley Cyrus. ALL PHOTOS GETTY IMAGES

Hemsworth and Cyrus get matching tattoos

They've already proven their devotion to each other through getting engaged and adopting more than enough dogs, but Miley Cyrus and fiancé Liam Hemsworth apparently wanted to go a step further and get connecting tattoos.

In July, Cyrus had an excerpt from a speech by Theodore Roosevelt inked on her forearm, and Hemsworth has since gotten the rest of the quote tattooed on his forearm, according to Hollyscoop.

Quoted

"If he fails, at least fails while daring greatly"

What one half of the Cyrus/Hemsworth tattoo says.

Cyrus' arm has one part, Liam has the other.

"So that his place shall never be with those cold and timid souls who neither know victory nor defeat," while Hemsworth's continues, "If he fails, at least fails while daring greatly."



Taryn Manning

Taryn Manning arrested in New York

Actress and singer Taryn Manning was arrested in New York recently after reportedly getting into a fight with her makeup artist in a hotel room, according to People magazine.

Manning allegedly punched and kicked the woman, Holly Hartmen, during an early-morning scuffle that kicked off at the Dream Hotel.

Despite the arrest, there are apparently no hard feelings, Manning's attorney tells the magazine.

"They'd been together every waking minute and they got on each other's nerves and had a little incident," the attorney says. "It was a minor physical incident."

Manning was arraigned and released on bail.

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

Penn and Madonna re-uniting?



THE WORD
Dorothy Robinson
scene@metronews.ca

Forget the rumours of Beverly Hills 90210 actors Luke Perry and Jennie Garth falling back in love after reuniting for an Old Navy commercial — here's a pop culture reunion that's much, much juicier.

On Thursday, Sean Penn sat front and centre at his ex-wife Madonna's Staples Center concert and even visited her backstage.

An extremely excited (and pervertedly descriptive) source tells RadarOnline that during the concert, Madonna "stared Sean



dead in the face, smiled, unzipped her pants, and mooned the crowd, but it was really like she was mooning Sean!"

The source added that, "He laughed and clutched his chest like he was going to pass out. She was wearing a black lacy thong, and her butt looked perfect! So smooth and tight. ... like a 20-year-old's!"

After the show, Penn was spotted backstage "gushing" over his ex.

"Sean was like a teenage boy meeting his idol," another eyewitness told the site. "It was amusing, and kind of cute."



Lindsay Lohan

Lohan loans money to Mom to save her house

Lindsay Lohan's recent scuffle with mom Dina Lohan apparently had something to do with money — and a reported \$40,000 loan.

But according to new reports by the New York Post, that barely scratches the surface of Dina's debt situation. Dina is reportedly in debt

for \$1.3 million, including \$914,000 she owes to JPMorgan Chase for the mortgage on her Long Island home, according to the newspaper.

And that loan from Lindsay?

That was apparently a last-ditch effort to keep her house out of foreclosure.



Mila Kunis

Kutcher and Kunis heating up

Ashton Kutcher and Mila Kunis continue to sweep New York with the public displays of affection, this time treating themselves to some gelato in the West Village, according to People magazine.

"When they walked out, Ashton fed Mila some of her ice cream," a source said. "They were very cute together."

Kutcher has been staying with Kunis while she films a movie in New York, and while there they've done little to hide their love.

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Ditching the very distracted dinner table

Family time. Sitting down to eat together is an important part of inspiring and engaging



IT'S ALL RELATIVE
Kathy Buckworth,
kathybuckworth.com

My 13-year-old daughter came home from school and said her teacher had asked the class how many families had dinner together on a regular basis.

To her (and my) surprise, she was the only one who raised her hand. Fellow students reported that they were more likely to eat in front of the television alone, in their rooms or grab fast food on the way to an activity.

When kids are little, parents physically have to be in attendance to make sure their nutritional, hygienic and logistical needs are met during meals.

As they get older, the physical needs wane, and it can seem easier to just have everyone take care of themselves. Additionally, it can become more difficult for families to find an evening when there isn't a hockey game, a late meeting or a school fundraising activity to get to — which makes it all the more important to find the time to eat together on the nights where everyone can make it to the table.



Adults are also encouraged to share parts of their day at the dinner table. SUBMITTED

Not only does it inspire and engage the children in conversation about their day, but it helps to avoid the number one complaint that parents have about bad table manners they see in their own and other kids: The inability of kids to sit still during a meal.

Technology has invaded our dinner space with television, tablets, and, of course, the constant use of smartphones, with email and texting. Eliminate the distractions and start talking. Mom and dad need to be the role models for this behavior,

so put away the phone before you sit down at the table, and make it a family rule.

Conversation lagging? Consider bringing some quiz questions to the table on current events that are age appropriate for your children.

Adults are also encouraged to share parts of their day, to allow the kids to better understand the challenges and successes they're having.

Where possible, try not to schedule after-school lessons and sports at a time that makes a family meal logistically

challenging. Consider changing your "regular" meal time to one that most of the family can manage.

Make sure homework is out of the way as early as possible, so dinner time doesn't have to be fraught with the stress of work to come.

Get the kids involved in meal planning, and remember; it doesn't hurt to have them take responsibility for table setting and clearing. Make it a family activity. Bon appétit!

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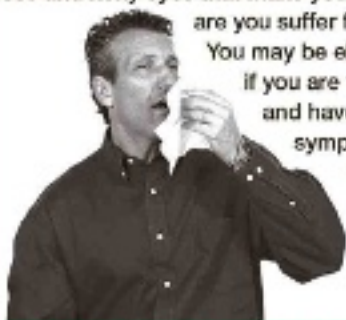
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For more information, please call Jeanne at 613-599-5700 ext. 23 or email: kanataallergy@gmail.com

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The In-Credibility Factor

Name: Devon Brooks
City: Vancouver
Age: 26
Occupation: Brand and business advisor, public speaker



THE IN-CREDIBILITY FACTOR
Teresa Kruze
life@metronews.ca

Devon started Blo Blow Dry Bar with two other women when she was still in school and today it has grown to 28 locations across Canada and the U.S. While starting her business no one knew she was going through post traumatic stress disorder from being raped when she was 18 and violently assaulted and held against her will when she was 21. Today she speaks about her experiences and how personal troubles shape our lives and affect how we do business.

I knew I was on my way when... I gave my first public talk about my experiences with assault. I knew sharing this was the most important thing I was

going to do. You're not always responsible for what happens to you, but you are responsible for how you behave. As a leader, if you're not abreast of what's impacting humanity, you can't understand what's impacting your people. Statistics around violence are staggering. Leadership is in how we react to what we learn — it shapes and defines the future for our companies, teams, and our lives.

Action Plan

- Define your core values: They are the essence of us as individuals and the foundation of our company's potential. Live and die by your values. Hire and fire by your values.
- Never sacrifice them: Most things in life are negotiable. Your values are not one of them.
- Get real on passion: Passion is a choice. It is when you give something more energy than is required. Passion is your core values in action.



Devon Brooks PROVIDED

Fatigue getting a failing grade in France's schools

C'est la vie! Country looking to upend school year traditions in support of work-weary youngsters

French children go to school four days a week. They have about two hours each day for lunch. And they have more vacation than their counterparts almost anywhere in the West.

It may sound a bit like the famously leisurely work pace enjoyed by their parents, most of whom work 35 hours per week as dictated by law.

But the nation's new government says elementary school kids risk classroom burnout, and is moving to help them cope. The issue: French school days may be relatively few, but they are at least as



Critics of the possible addition of a Wednesday school day in France have suggested lengthening lunch to three hours to tackle the long work days of students. CHRISTOPHE ENA/THE ASSOCIATED PRESS

C'est dommage!

Things aren't exactly easy for French kids.

- Despite long summer breaks and the four-day school week, French elementary school students actually spend more hours per year in school than average; 847, compared with 774 among countries in OECD, a club of wealthy nations. But the time is compressed into fewer days each year.
- The French school day begins around 8:30 and ends at 4:30 p.m., even for the youngest, despite studies showing the ability of young children to learn deteriorates as the day goes on.

The long and short of it

France has the shortest school year and the longest day."

Ecoliterate co-author Lisa Bennett

long as a day of work for adults. Even 6-year-olds are in class until late into the afternoon, when skies are dark, attention flags and stomachs rumble.

As a candidate, President Francois Hollande promised to change things by adding a fifth day of classes on Wednesday while shortening the school day. For France, it's something of a revolutionary idea that would overturn more than a century of school tradition. The thinking is that the days are too full for young children under the current system and that Wednesday free time could be put to more productive use.

"France has the shortest school year and the longest day," Hollande said at the time, promising change.

His education minister, Vincent Peillon, will decide this month how to carry out the reform. He has said he may also compensate for a shorter school day by trimming France's sacred summer vacation. A panel of experts will present their conclusions on Friday, and the president is expected to address the issue on Tuesday.

No proposal affects tradition — and potentially family and municipal budgets — as much as what the French call changes to the "scholastic rhythms."

There's been a midweek break in French primary schools dating back to the 19th century, a government concession to the Roman Catholic Church, which wanted children to study the catechism on

their weekday off. In today's secular France, Wednesdays currently are a blur of sports, music, tutoring for families of means, or a scramble for working parents struggling to get by — who must either find a sitter or send their kids to a full day at a state-run leisure centre.

Many parents are afraid that the changes will force them to figure out extra childcare five days a week, especially at schools where the afterschool program amounts to sitting silently at a desk for two hours or near-chaos in the play areas. Under the education proposal, school would end at lunchtime on Wednesday.

"It's completely unrealistic," Valerie Marty, president of the national parents' organization, said of the proposed timetable. "They have to figure out who will take care of the children after school, who will finance it."

THE ASSOCIATED PRESS

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Mentoring helps people to focus on business challenges and arrive at ways to overcome them. For small business owners, research has shown that having a mentor can substantially increase the overall success rate.

Yet, like all relationships, a mentoring relationship takes time and work.

The Canadian Youth Business Foundation, an organization that provides mentors to young entrepreneurs, suggests the following key attributes for a successful mentoring relationship:

Trust Built over time, trust means being able to share



All meetings should have some structure so that they can be productive and meet all expectations. ISTOCK

sensitive information, including personal doubts, financials and mistakes. Trust is gained from a mentee by remaining neutral while offering actionable advice. A mentor grows to trust their mentee when they see their advice reflected upon and applied.

Mutual respect When

choosing a mentor most individuals chose someone that they respect for some aspect of their personality or success. This has to be ongoing and work both ways. The mentor also needs to respect their mentee's ideas, experiences and concerns. Each side needs to respect the other's time and commitments.

Structure There should be clear boundaries in the relationship, such as defining appropriate areas for advice; making sure that communications from both parties are timely; and scheduling times to meet or talk.

Active listening

The skill of listening is central in creating a positive mentoring environment

- Good mentoring is about giving your undivided attention to the other

while you are in conversation.

- There must be time for both individuals to question the other, and to offer thoughtful answers.

NEWS CANADA



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BANKING ON A DREAM BUSINESS

SCOTIABANK SEES WISDOM OF COUPLE'S PLANS

One year ago, Amy and Chris Masich took a bold step and opened Luna + Hill, a unique clothing store in downtown Saskatoon. The store represents many things to the couple: The realization of a long-held dream; the culmination of years of careful planning; and a significant risk.

"Although we had talked about going into the clothing business for years, we didn't act on it until we both had established, stable careers," says Chris Masich, a lawyer. Amy Masich was a school teacher. In their mid-20s, the husband-and-wife team set out on a new path: Creating the shop they had long envisioned.

As two accomplished professionals, they took a comprehensive, studied approach to developing a business plan. They visited and interviewed retailers in Vancouver, San Francisco and other West Coast cities. They identified potential suppliers and clothing lines, studied demographic and economic projections for Sas-



GEORGE DOYLE/STOCKBYTE/THINKSTOCK

katoon, and met with local bankers. Only one, Scotiabank, seemed sympathetic.

"Unlike the other banks we visited, the folks at Scotiabank saw the wisdom of our plans, and offered helpful advice on everything from insurance and point-of-sale terminals to marketing mentorships," says Chris Masich. "They recognized that what we wanted to create would not only be feasible, but also good for the community."

Scotiabank provided the start-up loan the couple needed to renovate a shop in

downtown Saskatoon and acquire inventory, along with the line of credit needed to maintain cash flow throughout the retail cycle. The bank's support, along with the strength of the Luna + Hill brand, continue to drive the business' success.

Luna + Hill closely reflects the personalities of Amy and Chris Masich. There are clear commitments to the environment and the community, for instance; concepts such as fair trade, handmade, locally produced, organic and recycling are all taken seriously. The brand marries casual

5 KEYS TO SUCCESS

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 - 5 Find reliable, trustworthy advisers who can provide the expertise you are looking for.
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urban chic with Prairie practicality and modesty. Customers are served tea and encouraged to learn about where and how the clothes are made, and how to care for them properly.

"It's a thrill for us to share our passion with customers," says Chris Masich. "It feels like we're on this journey together."

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CFL

Als double up on Double Blue to tighten grip on East

Jamel Richardson and Shea Emry scored second-half touchdowns Sunday to give the Montreal Alouettes a 24-12 victory over the Toronto Argonauts — and a home playoff date.

Richardson scored on a 75-yard touchdown reception at 12:25 in the third quarter for the East Division leaders.

The game was a huge one with first place in the East on the line between two teams battling for post-season positioning. The victory put the Alouettes (9-6) in the driver's seat, leading Toronto (7-8) by four points with three games left and owning the tie-breaker.

THE CANADIAN PRESS



Montreal's Jamel Richardson makes a catch under pressure from Pat Watkins on Sunday in Toronto. THE CANADIAN PRESS

NFL

Seahawks surge past Patriots late on Rice's TD catch

Russell Wilson found Sidney Rice behind the secondary for a 46-yard touchdown with 1:18 remaining, and the Seattle Seahawks rallied for 14 points in the final 7:31 to stun the New England Patriots 24-23 Sunday.

THE ASSOCIATED PRESS



Umpire Jeff Nelson watches Detroit's Omar Infante dive back to second as Yankee Robinson Cano applies the tag on Sunday night at Yankee Stadium. Nelson called Infante safe on the game-changing play in the eighth inning. BRUCE BENNETT/GETTY IMAGES

Missed call propels Tigers to 2-0 lead

ALCS. Umpire's gaffe leads to pair of Detroit runs in tightly contested Game 2

Anibal Sanchez and the Detroit Tigers made the plays, got a favourable call from an umpire and took advantage of their few chances at the plate.

The reward: A commanding lead in the AL championship series, and a trip home with their ace ready to start.

Sanchez shut down a Yankees lineup minus injured

Game 2	
3	0
Tigers	Yankees

shortstop Derek Jeter, and Detroit won without any drama, beating New York 3-0 Sunday for a 2-0 cushion.

Yankees starter Hiroki Kuroda pitched perfect ball into the sixth inning but the slumping New York hitters

looked lost.

Making his second post-season start, Sanchez pitched three-hit ball deep into the game to make Tigers manager Jim Leyland's handling of a bullpen without struggling closer Jose Valverde a lot easier.

The Tigers scored twice in the eighth after second base umpire Jeff Nelson missed a call on a two-out tag at second base.

Game 3 in the best-of-seven series is Tuesday night in Detroit, with reigning AL MVP Justin Verlander starting for the Tigers against Phil Hughes. Verlander went 2-0 in the div-

Jeter injured

Yankees shortstop Derek Jeter was absent from Game 2 on Sunday, off undergoing tests after his left ankle cracked in the 12th inning of Saturday night's 6-4 loss to the Tigers.

- Jeter had scans Sunday, which confirmed the fracture.

ision series versus Oakland, including a four-hit shutout with 11 strikeouts in the decisive Game 5. THE ASSOCIATED PRESS

Lions get 'on track' after ferocious rally



Jason Hanson of the Lions celebrates after kicking a 45-yard field goal in overtime against the Eagles Sunday in Philadelphia. JOE ROBBINS/GETTY IMAGES

Desperate to save a season, Matthew Stafford rallied the Lions in the fourth quarter.

With a chance to cap an unlikely comeback, Jason Hanson finished the job in overtime.

Down 10 points in the fourth, Stafford put a miserable start behind him, scrambling into the end zone and completing big-gain passes. Hanson delivered in the clutch just like he has so many times, kicking a 45-yard field goal in overtime to lift the Lions to a 26-23 OT win over the Philadelphia Eagles on Sunday.

"Playing 20-plus years in the league, you go out there and

Sunday's game

26	23
Lions	Eagles

know it's more than a just a kick for that game," said Hanson, at 42 the oldest player in the league and in his 21st pro season. "We had been close a couple of times this year and hadn't come through. We needed it for that reason and to get

our season on track."

The rally prevented the Lions (2-3) from a 1-4 start a year after opening 5-0 en route to their first playoff appearance since 1999.

Stafford ran and threw for a TD in the fourth quarter and Hanson kicked two field goals to accelerate the comeback. Stafford finished with 311 yards passing, one TD and one interception.

"These guys in that locker room, they fight. They fight until the end," Stafford said. "Whether it's a game or season, it doesn't matter."

THE ASSOCIATED PRESS

MLB

AMERICAN LEAGUE

LEAGUE CHAMPIONSHIP SERIES
(Best-of-7; x-if necessary)
N.Y. YANKEES VS. DETROIT TIGERS
(Detroit leads series 2-0)
Sunday's result
Detroit 3 N.Y. Yankees 0
Saturday's result
Detroit 6 N.Y. Yankees 4 (12 innings)
Tuesday's game — All Times Eastern
N.Y. Yankees (Hughes 16-13) at Detroit
(Verlander 17-8), 8:07 p.m.
Wednesday's game
N.Y. Yankees (Sabathia 15-6) at Detroit
(Scherzer 16-7), 8:07 p.m.
Thursday's game
x-New York at Detroit, 4:07 p.m.
Saturday, Oct. 20
x-Detroit at New York, 8:07 p.m.
Sunday, Oct. 21
x-Detroit at New York, 8:15 p.m.

NATIONAL LEAGUE

LEAGUE CHAMPIONSHIP SERIES
(Best-of-7; x-if necessary)
SAN FRANCISCO VS. ST. LOUIS
(Series tied 0-0)
Sunday's result
St. Louis at San Francisco
Monday's game — All Times Eastern
St. Louis (Carpenter 0-2) at San Francisco (Vogelsong 14-9), 8:07 p.m.
Wednesday's game
San Francisco at St. Louis, 4:07 p.m.
Thursday's game
San Francisco at St. Louis, 8:07 p.m.
Friday, Oct. 19:
x-San Francisco at St. Louis, 8:07 p.m.
Sunday, Oct. 21:
St. Louis at San Francisco, 4:45 p.m.
Monday, Oct. 22:
St. Louis at San Francisco, 8:07 p.m.

TIGERS 3 YANKEES 0

GAME 2 — SUNDAY AFTERNOON

Detroit	ab	r	h	bi	New York	ab	r	h	bi
AJcksn cf	4	1	1	0	ISuzuki lf	4	0	0	0
Berry lf	3	1	1	0	Cano 2b	4	0	0	0
AGard ph-rf	1	0	1	1	Teixeir 1b	4	0	1	0
McCarr 3b	4	0	2	1	IBanez dh	2	0	1	0
Fielder 1b	3	0	0	0	RMartin c	4	0	0	0
DYong dh	4	0	0	1	AlRdrg 3b	4	0	1	0
Dirks rf-lf	4	0	0	0	Gmndrs cf	3	0	0	0
JhPerit ss	4	0	2	0	Swisher rf	3	0	1	0
Avila c	4	0	0	0	JNix ss	3	0	0	0
Infante 2b	4	1	1	0					
Totals	35	3	8	3	Totals	31	0	4	0

Detroit 000 000 120 — 3
New York 000 000 000 — 0

E—A.Sanchez (1). LOB—Detroit 6, New York 7.
2B—Berry (1), Teixeira (1). SB—Granderson (1). CS—Ibanez (1).

Detroit	IP	H	R	ER	BB	SO
A.Sanchez W,1-0	7	3	0	0	3	7
Coke S,1-1	2	1	0	0	0	3

New York

Kuroda L,0-1	7	2	3	5	3	3	0	11
Logan	0	1	0	0	0	0	0	0
Chamberlain	0	1	0	0	0	0	0	0
Rapada	0	0	0	0	1	0	0	0
Eppley	1	1	3	1	0	0	0	2

Logan pitched to 1 batter in the 8th.
Chamberlain pitched to 1 batter in the 8th.
Rapada pitched to 1 batter in the 8th.
Umpires—Home, Rob Drake; First, Sam Holbrook;
Second, Jeff Nelson; Third, Gary Cederstrom;
Right, Jeff Kellogg; Left, Mike Winters.
T—3:18. A—47,082 (50,291) at New York.

NBA PRESEASON

Sunday's results
L.A. Clippers 99 Miami 89
San Antonio 116 Houston 107
Memphis 110 Atlanta 102
Saturday's results
Brooklyn 108 Philadelphia 105, OT
New York 98 Boston 95, OT
Washington 99 Cleveland 95
Minnesota 82 Chicago 75
Milwaukee 108 Detroit 91
Utah 99 L.A. Lakers 86
Monday's games — All Times Eastern
Boston at Philadelphia, 7 p.m.
Orlando vs. Cleveland at Cincinnati, OH, 7 p.m.
Washington at Brooklyn, 7:30 p.m.
Houston at Dallas, 8:30 p.m.
Golden State at Denver, 9 p.m.
Portland at Sacramento, 10 p.m.

CIS FOOTBALL

Week Seven

Saturday's results
McMaster 39 Windsor 18
Montreal 23 Laval 20
Guelph 33 Queen's 28
British Columbia 24 6 Regina 17
Western Ontario 56 Wilfrid Laurier 3
Acadia 47 St. Francis Xavier 26
Concordia 43 McGill 40
Mount Allison 25 Saint Mary's 12
Ottawa 61 Waterloo 0
Sherbrooke 40 Bishop's 28
York 36 Toronto 24
Friday's results
Calgary 51 Alberta 1
Saskatchewan 44 Manitoba 39

SOCCER

MLS

EASTERN CONFERENCE

	GP	W	L	T	GF	GA	Pt
x-Kansas City	32	17	7	8	40	26	59
x-Chicago	32	17	10	5	45	39	56
D.C. United	32	16	10	6	49	40	54
New York	32	15	9	8	54	46	53
Houston	32	13	8	11	45	38	50
Columbus	32	14	11	7	40	40	49
Montreal	32	12	15	5	45	50	41
Philadelphia	31	10	15	6	35	37	36
New England	32	7	17	8	37	44	29
Toronto	32	5	20	7	35	60	22

WESTERN CONFERENCE

	GP	W	L	T	GF	GA	Pt
x-San Jose	32	19	6	7	69	40	64
x-Real Salt Lake	32	17	11	4	46	35	55
x-Seattle	31	14	7	10	48	31	52
x-Los Angeles	32	15	12	5	56	45	50
Vancouver	32	11	12	9	35	40	42
Dallas	32	9	12	11	39	42	38
Colorado	32	9	19	4	40	50	31
Portland	32	7	16	9	32	55	30
Chivas USA	32	7	17	8	22	54	29

x — Clinched playoff berth.

Wednesday, Oct. 17 — All Times Eastern
Real Salt Lake at Seattle, 11 p.m.
Saturday, Oct. 20
Montreal at Toronto, 1:30 p.m.
Kansas City at New York, 7 p.m.
Chicago at New England, 7:30 p.m.
Philadelphia at Houston, 7:30 p.m.
Columbus at D.C. United, 7:30 p.m.
Colorado at Chivas USA, 10:30 p.m.
Sunday, Oct. 21
Los Angeles at San Jose, 7 p.m.
Portland at Vancouver, 7 p.m.
Dallas at Seattle, 9 p.m.

GOLF

PGA

FRYS.COM OPEN

At San Martin, Calif.

Par 71

Final Round

Detroit	61-3	6	0	0	4	5
Fister	1	0	0	0	0	0
Coke H,1	2-3	1	0	0	0	0
Benoit	2-3	3	4	4	1	2
Valverde	11-3	0	0	0	1	1
Dotel	2	1	0	0	0	2
Smyly W,1-0						
New York	62-3	7	2	2	3	5
Pettitte	2-3	2	2	2	0	1
D.Lowe	2-3	1	0	0	0	0
Logan	2-3	1	0	0	0	1
Eppley	2-3	1	0	0	0	1
Rapada	1-3	0	0	0	0	1
D.Soriano	1	0	0	0	0	0
D.Robertson	1	1	0	0	0	1
D.Phelps L,0-1	1	3	2	2	1	1
T—4:54. A—47,122 (50,291) at New York.						

Jonas Blixt, \$900,000	66-66-66-68—268
Jason Kokrak, \$440,000	68-66-67-68—269
Tim Petrovic, \$440,000	70-68-67-64—269
John Mallinger, \$196,875	66-62-70-72—270
Alexandre Rocha, \$196,875	69-67-66-68—270
Vijay Singh, \$196,875	70-66-66-68—270
Jimmy Walker, \$196,875	73-68-67-62—270
Jeff Overton, \$155,000	68-69-68-66—271
Russell Knox, \$140,000	70-68-65-69—272
Gary Woodland, \$140,000	66-72-66-68—272
Martin Flores, \$106,000	71-67-68-67—273
Charles Howell III, \$106,000	66-69-66-72—273
Zack Miller, \$106,000	70-69-66-68—273
Bryce Molder, \$106,000	71-67-66-69—273
Patrick Reed, \$106,000	73-67-70-63—273
Steven Bowditch, \$72,500	71-64-71-68—274
Scott Dunlap, \$72,500	70-63-70-71—274
Ernie Els, \$72,500	71-68-69-66—274
Danny Lee, \$72,500	69-67-67-71—274
Jeff Maggert, \$72,500	67-71-67-69—274
Chez Reavie, \$72,500	73-65-68-68—274
Ben Curtis, \$45,071	69-71-65-70—275
Mathew Gogglin, \$45,071	69-70-69-67—275
David Mathis, \$45,071	68-70-67-70—275
Nick O'Hern, \$45,071	62-71-71-71—275
D.A. Points, \$45,071	68-67-69-71—275
Jhonattan Vegas, \$45,071	65-67-71-72—275
Greg Owen, \$45,071	66-69-68-72—275
Brian Gay, \$31,792	69-71-67-69—276
Billy Horschel, \$31,792	67-65-73-71—276
Garth Mulroy, \$31,792	73-67-67-69—276
Camilo Villegas, \$31,792	70-66-72-68—276
Brian Davis, \$31,792	72-69-69-66—276
Also: Stephen Ames, \$10,450	71-68-73-73—285

NFL

AMERICAN CONFERENCE

EAST

	W	L	T	Pct	PF	PA
N.Y. Jets	3	3	0	.500	133	141
New England	3	3	0	.500	188	137
Miami	3	3	0	.500	120	117
Buffalo	3	3	0	.500	137	192

SOUTH

	W	L	T	Pct	PF	PA
Houston	5	0	0	1.000	149	73
Indianapolis	2	3	0	.400	100	145
Tennessee	2	4	0	.333	114	204
Jacksonville	1	4	0	.200	65	138

NORTH

	W	L	T	Pct	PF	PA
Baltimore	5	1	0	.833	161	118
Cincinnati	3	3	0	.500	149	163
Pittsburgh	2	3	0	.400	116	115
Cleveland	1	5	0	.167	134	163

WEST

	W	L	T	Pct	PF	PA
San Diego	3	2	0	.600	124	102
Denver	2	3	0	.400	135	114
Oakland	1	4	0	.200	87	148
Kansas City	1	5	0	.167	104	183

WEEK 6

Sunday's results
Atlanta 23 Oakland 20
Tampa Bay 38 Kansas City 10
N.Y. Jets 35 Indianapolis 9
Cleveland 34 Cincinnati 24
Detroit 26 Philadelphi 23, OT
Miami 17 St. Louis 14
Baltimore 31 Dallas 29
Buffalo 19 Arizona 16, OT
Seattle 24 New England 23
N.Y. Giants 26 San Francisco 3
Washington 38 Minnesota 26
Green Bay at Houston
Thursday's result
Tennessee 26 Pittsburgh 23
Monday's game — All Times Eastern
Denver at San Diego, 8:30 p.m.

NATIONAL CONFERENCE

EAST

	W	L	T	Pct	PF	PA
N.Y. Giants	4	2	0	.667	178	114
Philadelphia	3	3	0	.500	103	125
Washington	3	3	0	.500	178	173
Dallas	2	3	0	.400	94	119

SOUTH

	W	L	T	Pct	PF	PA
Atlanta	6	0	0	1.000	171	113
Tampa Bay	2	3	0	.400	120	101
Carolina	1	4	0	.200	92	125
New Orleans	1	4	0	.200	141	154

NORTH

	W	L	T	Pct	PF	PA
Chicago	4	1	0	.800	149	71
Minnesota	4	2	0	.667	146	117
Green Bay	2	3	0	.400	112	111
Detroit	2	3	0	.400	126	137

WEST

	W	L	T	Pct	PF	PA
Arizona	4	2	0	.667	110	97
San Francisco	4	2	0	.667	152	94
Seattle	4	2	0	.667	110	93
St. Louis	3	3	0	.500	110	111

WEEK 7

Thursday's game — All Times Eastern
Seattle at San Francisco, 8:20 p.m.
Sunday, Oct. 21
Arizona at Minnesota, 1 p.m.
Green Bay at St. Louis, 1 p.m.
Baltimore at Houston, 1 p.m.
Washington at N.Y. Giants, 1 p.m.
Dallas at Carolina, 1 p.m.
New Orleans at Tampa Bay, 1 p.m.
Cleveland at Indianapolis, 1 p.m.
Tennessee at Buffalo, 1 p.m.
Jacksonville at Oakland, 4:25 p.m.
N.Y. Jets at New England, 4:25 p.m.
Pittsburgh at Cincinnati, 8:20 p.m.
Monday, Oct. 22
Detroit at Chicago, 8:30 p.m.

AHL

Sunday's results
St. John's 3 Connecticut 2
Springfield 4 Adirondack 0
Lake Erie 4 Toronto 0
Chicago 5 Rockford 3
San Antonio 3 Houston 2
Charlotte at Texas
Saturday's results
Toronto 3 Rochester 1
Abbotsford 6 Peoria 2
Hamilton 4 Grand Rapids 3 (SO)
Springfield 4 St. John's 2
Manchester 2 Albany 1

Oklahoma City 3 Lake Erie 2
Bridgeport 4 Providence 2
Adirondack 6 Portland 3
Binghamton 2 Wilkes-Barre/Scranton 1
Norfolk 4 Worcester 3 (SO)
Syracuse 4 Hershey 3
Texas 2 San Antonio 1
Charlotte 3 Houston 1
Chicago 1 Rockford 0 (SO)
Monday
No games scheduled
Tuesday's games — All Times Eastern
Binghamton at Rochester, 7:05 p.m.

ATP-SHANGHAI ROLEX MASTERS

At Shanghai, China

Singles — Championship
Novak Djokovic (2), Serbia, def. Andy Murray (3), Britain, 5-7, 7-6 (11), 6-3.
Doubles — Championship
Leander Paes, India, and Radek Stepanek (4), Czech Rep., def. Mahesh Bhupathi and Rohan Bopanna (7), India, 6-7 (7), 6-3, 10-5.
WTA-GENERALI LADIES

At Linz, Austria

Singles — Championship
Victoria Azarenka (1), Belarus, def. Julia Goerges (5), Germany, 6-3, 6-4.

Doubles — Championship
Anna-Lena Groenefeld, Germany, and Kveta Peschke (1), Czech Rep., def. Julia Goerges, Germany, and Barbora Zahlavova Strycova (2), Czech Rep., 6-3, 6-4.
WTA-JAPAN OPEN

At Osaka, Japan

Singles — Championship
Heather Watson, Britain, def. Chang Kai-chen, Taiwan, 7-5, 5-7, 7-6 (4).
Doubles — Championship
Raquel Kops-Jones and Abigail Spears (1), U.S., def. Kimiko Date-Krumm, Japan, and Heather Watson (4), Britain, 6-1, 6-4.

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Horoscopes

Aries

March 21 - April 20
Not even an Aries can be totally independent, not all the time, so accept that this is one of those occasions when others are calling the shots – and don't just assume that their decisions will be bad for you.

Taurus

April 21 - May 21
An offer of some kind may mean more work for you personally but you are big enough to handle it - and smart enough to realize that if you don't take it someone else will. Don't you dare say no!

Gemini

May 22 - June 21
Today's new moon is so well placed in your chart that even the smallest of efforts on your part will yield super-size dividends. Is there a limit to how high you can rise? No there is not, so go for it.

Cancer

June 22 - July 23
It's time to smooth out any problems you may be having at home. Don't wait for loved ones to make the first move – it is up to you to get bad feelings into the open where they can be dealt with.

Leo

July 24 - Aug. 23
You must make more of an effort to put your point of view across, especially in social situations where your way with words could open doors that have been closed to you in the past. Get your silver tongue working.

Virgo

Aug. 24 - Sept. 23
There is a very good chance that your income will increase over the next few days, maybe dramatically so. You will, of course, find more things to spend it on, so you may not be any better off.

Libra

Sept. 24 - Oct. 23
A new moon in your sign is a firm promise of better days ahead. The most important thing now is that you believe you are capable of anything, for the one thing that could hold you back is self-doubt.

Scorpio

Oct. 24 - Nov. 22
You will be thinking deeply today about your life and the direction it seems to be heading. Change is necessary. Change will bring success. But first you must get over your self-doubt – there is simply no need for it.

Sagittarius

Nov. 23 - Dec. 21
New friendships you make over the next two or three days will last a lifetime. Even a Sagittarius needs encouragement now and again and the people you meet will inspire you to aim higher than ever before.

Capricorn

Dec. 22 - Jan. 20
Today's new moon means you are destined for some kind of celebrity status – you will certainly get noticed by the powers that be. Remember though that the bigger your public face the less of a private life you may have.

Aquarius

Jan. 21 - Feb. 19
If you have been thinking about doing something different with your life today's new moon in your fellow Air sign of Libra will help you see that your dream is both possible and desirable.

Pisces

Feb. 20 - March 20
Today's new moon will help you focus on what is important and help you make whatever tough decisions may be necessary. What you achieve before the end of the year depends on what you do now.
SALLY BROMPTON

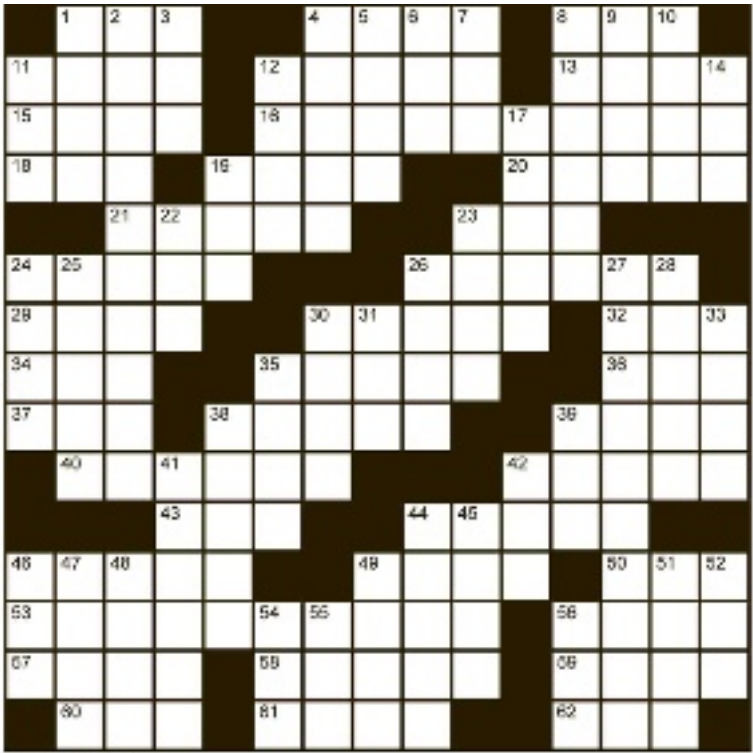
Across

- Expire
- Feeling achy
- Ballplayer's hat
- Pig sound
- Chess and checkers
- ___ the Red: 10th-century explorer who founded the first Norse settlement in Greenland
- Stockings
- Visiting faraway places
- Québec neighbour: abbr.
- Express pain vocally
- Assistants
- Covered with water
- "Barbara ___": 1966 Beach Boys hit
- Better suited
- Slumbers
- Box office disaster
- Heads or ___: flip choice
- Certain batteries
- Female sheep
- Cash drawers
- Street: Fr.
- ___ star: sheriff's badge
- Appeal strongly to
- Sask. neighbour
- Engraves with acid, as glass
- Foreign
- Stop color
- Christmas visitor
- ___ as that goes: to that extent (2 wds.)
- Troubadour
- Wizard of Oz and 2001: A Space Odyssey studio
- Capital of the Yukon
- Protagonist
- Sole

- Military bigwigs
- All over again
- "Limit: one ___ customer"
- Heed
- Pig pen

Down

- See 8-Down
- Partial regular payment on a debt
- ___ out a living: barely manage
- NS-born singer McLachlan
- Arabian Peninsula sultanate
- Race, as an engine
- 180° from WNW
- With 1-Down, Charlemagne, Québec-born pop singer who has a spectacular show at Caesars Palace in Las Vegas
- Dry
- Scent for a car freshener
- "So that's it!"
- Bygone Pontiac muscle cars
- Metric wts.
- Country roads
- Cause surface damage to
- Spider's lair
- "___ fair in love and war"
- Aid, particularly someone in the commission of a crime
- "Changes," "Fame," and "Let's Dance" rocker David



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- Buildup at a river's mouth
- Canada's government
- Fry in butter
- Canada's quintessential coffee and donut place, familiarly
- Mont Blanc or Matterhorn, e.g.
- Actor Young or Penn
- Started a golf hole, with "off"

- "Been ___, done that"
- PC key usually next to the spacebar
- Lunar landscape feature
- In addition
- Fresh-mouthed
- Greek counterpart of Mars (god of war)
- Hole-punching tool
- Browse at the mall
- Judge's decision

- Scottish hillside
- Between black and white
- Cut grass
- The Sopranos home
- The sun, for one
- Possesses

Friday's Crossword



What's online

See today's answers at metronews.ca/answers.



Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Friday's Sudoku

4	7	5	2	3	9	1	6	8
8	1	2	4	5	8	3	7	9
3	8	9	6	1	7	2	4	5
5	6	3	1	9	2	4	8	7
2	4	7	5	8	6	9	3	1
1	9	8	7	4	3	5	2	6
7	2	4	8	6	5	8	1	3
8	5	1	3	7	4	6	9	2
9	3	6	8	2	1	7	5	4



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09 Audi A4 Quattro

• CONVERTIBLE, AWD, Loaded, Lthr.
• st: 33874
• km: 23268

\$29,950

*297***
Bi-weekly

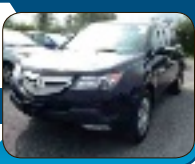


09 Acura MDX AWD

• Loaded, A/C, Lthr, Roof, Auto
• st: 34279
• km: 40489

\$30,860

*278***
Bi-weekly



09 Lexus RX350

• AWD, Loaded, NAV, Lthr, Roof
• st: 32760
• km: 61296

\$32,850

*296***
Bi-weekly

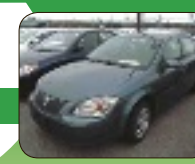


07 Pontiac G5 se

• Loaded, A/C
• st: 33310
• km: 60796

\$6,950

*76***
Bi-weekly

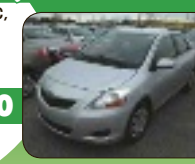


12 Toyota Yaris LE

• Loaded, A/C, Auto
• st: 34360
• km: 23531

\$14,830

*126***
Bi-weekly

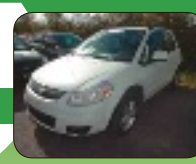


08 Suzuki SX4

• Loaded, A/C, Auto
• st: 34366
• km: 71266

\$9,950

*109***
Bi-weekly



08 Lincoln MKZ

• AWD loaded, roof, Lthr.
• st: 33632
• km: 98400

\$15,950

*175***
Bi-weekly



08 Benz B200

• Loaded, A/C, Auto
• st: 34280
• km: 71303

\$16,950

*186***
Bi-weekly



08 Benz C230 4Matic

• AWD, Loaded, Lthr, Roof, Auto
• st: 34149
• km: 40268

\$25,980

*272***
Bi-weekly



07 Wave

• Std
• st: 34093
• km: 79214

\$5,960

*65***
Bi-weekly

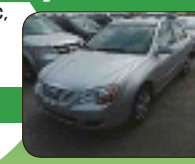


07 Spectra EX

• Loaded, A/C, Auto
• st: 33607
• km: 52831

\$7,760

*85***
Bi-weekly

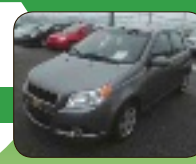


09 Aveo5 LS

• A/C, Std
• st: 33559
• km: 60195

\$7,950

*76***
Bi-weekly



08 Volvo XC90

• AWD, Loaded, Roof, Lthr
• st: 33566
• km: 44617

\$26,950

*283***
Bi-weekly



08 Benz ML350 4Matic

• NAV, Loaded, Lthr, Roof, A/C
• st: 33735
• km: 63039

\$29,995

*356***
Bi-weekly



11 BMW 323

• AWD, Loaded, Roof, Lthr, Auto
• st: 34362
• km: 53004

\$26,950

*215***
Bi-weekly



11 Ford Fiesta SE

• Loaded, A/C, Auto
• st: 33517
• km: 50713

\$13,980

*119***
Bi-weekly



08 Cobalt LS

• Std
• st: 34124
• km: 72981

\$6,570

*72***
Bi-weekly



07 Suzuki Swift

• Loaded, A/C
• st: 33291
• km: 48697

\$6,940

*81***
Bi-weekly



08 BMW X3

• AWD, Loaded, Roof, Lthr, Auto
• st: 33285
• km: 51156

\$29,650

*311***
Bi-weekly



07 Cadillac CTS

• Loaded, A/C, Lthr, Auto
• st: 33383
• km: 64065

\$16,930

*186***
Bi-weekly

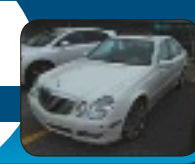


09 Benz E300 4Matic

• NAV, Loaded, Lthr, Roof, A/C
• st: 33686
• km: 46356

\$31,840

*305***
Bi-weekly



08 Accent GLS

• Loaded, A/C
• st: 12245-A
• km: 109989

\$5,980

*70***
Bi-weekly



09 Kia Rio LX

• Std
• st: 34055
• km: 88234

\$7,970

*76***
Bi-weekly



09 Nissan Versa

• Loaded, A/C, Auto
• st: 12292
• km: 57916

\$10,740

*102***
Bi-weekly



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11 FORD E350 XLT SUPER DUTY
LOADED, A/C • 14223km
st:34214 • **\$25,860** • bw:\$206***

08 MAXIMA 3.5SE
LOADED, A/C, AUTO • 89027km
st:34120 • **\$14,870** • bw:\$163*

11 CALIBER SXT
LOADED, A/C, AUTO • 25968km
st:34003 • **\$13,950** • bw:\$119***

08 HONDA CR-V 4WD
LOADED, A/C, AUTO • 87593km
st:33494 • **\$16,460** • bw:\$181*

11 AVENGER SXT
LOADED, A/C, ROOF, AUTO • 20276km
st:33541 • **\$15,950** • bw:\$143**

12 GR.CARAVAN STOW N GO
LOADED, A/C • 39525 km
st:34323 • **\$18,750** • bw:\$160***

11 SIENNA LE
LOADED, A/C • 50429km
st:34134 • **\$24,950** • bw:\$199***

08 SAAB 9-3 2.0T
LOADED, A/C, LTHR, ROOF • 90901km
st:33488 • **\$12,980** • bw:\$154*

09 ESCAPE XLT 4WD
LOADED, A/C, AUTO • 96465km
st:32908-A • **\$14,860** • bw:\$142**

07 MAZDA CX-7 AWD
LOADED, A/C • 97217km
st:34169 • **\$12,860** • bw:\$141*

11 MAZDA3 SPORT
LOADED, A/C, AUTO • 46280km
st:33720 • **\$14,940** • bw:\$127***

07 TOYOTA 4RUNNER 4WD
LOADED, ROOF, LTHR • 91288km
st:34378 • **\$20,810** • bw:\$218*

07 TUCSON GLS
LOADED, A/C • 91780km
st:34027 • **\$8,970** • bw:\$99*

08 EXPLORER SPORTTRAC 4WD
LOADED, A/C, AUTO • 49960km
st:34351 • **\$20,840** • bw:\$218***

10 SENTRA
LOADED, A/C • 65850km
st:34299 • **\$9,950** • bw:\$85***

10 TOYOTA MATRIX
LOADED, A/C, AUTO • 55791km
st:33938 • **\$14,750** • bw:\$126***

10 CHRYSLER 300
LOADED, A/C • 37776km
st:32861 • **\$15,800** • bw:\$134***

08 FORD EDGE SEL AWD
LOADED, A/C, AUTO • 79226km
st:34136 • **\$16,880** • bw:\$186*

12 ELANTRA
LOADED, A/C • 13753km
st:34096 • **\$15,850** • bw:\$135**

08 MAZDA 5
LOADED, A/C, LTHR, ROOF • 101468km
st:34067 • **\$10,980** • bw:\$121*

10 FORESTER AWD
LOADED, A/C, AUTO • 62998km
st:33139 • **\$21,980** • bw:\$175***

08 RABBIT
LOADED, A/C • 92582km
st:34270 • **\$10,950** • bw:\$120*

08 ACCORD EX
LOADED, A/C, ROOF, AUTO • 98887km
st:32255 • **\$13,870** • bw:\$152*

09 SANTA FE
LOADED, A/C, AUTO • 49282km
st:33258-A • **\$16,970** • bw:\$162**

12 ALTIMA XTRONIC CVT
LOADED, A/C, AUTO • 56024 km
st:34331 • **\$15,740** • bw:\$134*

08 SONATA GLS
LOADED, A/C, AUTO • 84417km
st:34208 • **\$9,960** • bw:\$109*

11 FUSION SEL AWD
LOADED, A/C, LTHR, ROOF • 15190km
st:34153 • **\$20,970** • bw:\$167***

11 SUZUKI KIZASHI
LOADED, A/C, AUTO • 34328km
st:33619 • **\$16,970** • bw:\$144***

08 ROGUE S
LOADED, A/C, AUTO • 99206km
st:33988 • **\$12,840** • bw:\$141*

11 LANCER ES
LOADED, A/C, ROOF, AUTO • 47327km
st:32846-A • **\$14,860** • bw:\$126***

11 CAMRY LE
LOADED, A/C, AUTO • 49156km
st:33164 • **\$17,950** • bw:\$158***

09 COROLLA CE
LOADED, A/C, AUTO • 95692km
st:34375 • **\$9,950** • bw:\$95**

07 VOLVO S60
LOADED, A/C, ROOF, LTHR • 87224km
st:32589 • **\$15,870** • bw:\$174*

08 RONDO LX
LOADED, A/C, AUTO • 55276km
st:34145 • **\$9,380** • bw:\$103*

09 FORD F-150 XL
LOADED, A/C, AUTO • 96779km
st:34160-A • **\$13,780** • bw:\$131**

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